**Elementary Physical Education 2015-16 Teacher**

Joe McCarthy (2012 MN Elementary PE Teacher of the Year)

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**It is with great pleasure that I introduce myself as your son/daughter’s Phys Ed. teacher.**

This will be my 13th year teaching at Meadowview

While many great things happened last year, I can’t wait for this year to start!

I attended Saint Cloud State University were I earned my B.S. in Physical Education. I am certified to teach K-12 Physical Education, 7-12 Coaching. I also have earned my M.A. from University of Saint Mary’s

I am married to my wonderful wife Teresa and have two children: Jameson (7), Paxton (3)

**Social Media Connection / Communication**

Elem. PE Website - [**http://meadowviewelementarype.weebly.com**](http://meadowviewelementarype.weebly.com)

Mr. McCarthy Twitter - @JoeMcCarthy09

YouTube Channel - <https://www.youtube.com/user/TheJmccarthy/videos>

**Classroom Management - PE twice a week (25 min.)**

Lesson plan – Instant activity, skill development, formative/summative assessment

Behavior Expectations: Be Responsible, Be Respectful, Be Safe.

Positive demonstration(s)

Verbal praise, High Five, Thumbs Up, Class Dojo Points - Tiger Paw Award

Negative demonstration(s) (handled on an individual basis)

1st infraction - warning

2nd infraction - time out

3nd infraction note home/sent to office

Attire - Students dress in clothes/shoes suitable to be active (indoor / outdoor)

***PLEASE wear tennis shoes!***

**Curriculum Outline (Subject to Change)**

My curriculum will encompass a wide variety of activities (individual, small group, team, etc.). The focus will always be on the development of the individual child and other curricular areas (math, literacy, science, social studies, etc.) will be integrated to enhance not only my curriculum but support the core areas also.

**2014 – 2015 Physical Education Learning Activities - (Subject to Change)**

**K & 1st PE Class**

Class Intro/Procedures

Instant Activities

Locomotors

Soccer

Underhand Throwing

Cross Country Meet

4 square

Bowling

Inline Skating

Aerobic Drumming

Gymnastics

Scooters

Over/Under Throwing

Persue / Evade

Basketball

Rope Jumping

Striking (hand/paddle)

Table Ball / Volleying

Balloons

Frisbee activities

Parachute

Track Meet

**2 & 3rd PE Class**

Class Intro/ Procedures

Instant Activities

Locomotors

Soccer

Cross Country Meet

Ultimate Football

Scooters

4 Square / Spikeball (3)

Inline Skating

Bowling

Aerobic Drumming

Parachute

Gymnastics

Basketball

Over/Under Throwing

Tchoukball (3)

Rope Jumping

Pickleball

Table Ball

Striking (racquet)

Disc Golf

Track Meet

**4 & 5th PE Class**

Class Intro/Procedures

Instant Activities

Badminton

Soccer

Ultimate Football

Spikeball

Cross Country Meet

Fitness Testing

Bowling

Inline Skating

Aerobic Drumming

Gymnastics

Over/Under Throwing

Tchoukball

Rope Jumping

Pickleball / Badminton

Table Ball

Fitness Testing

Disc Golf

Lacrosee

Basketball

Tennis

Track Meet

**Physical Education Standards**

#1- I can move correctly and have the skills to play in a variety of activities

#2- I know and use movement strategies in game play/activities

#3- I exercise regularly and know how to stay fit

#4- I play fair (respectfully, safely, & responsibly)

#5- I value physical activity, fitness, & health